

What is claimed is:

1. A retractable eyewear retaining strap assembly for an eyewear frame comprising in combination:
 - A. a hollow temple having a strap receiving end and an eyewear frame attachable end hingeably attachable to said frame;
 - B. a strap securing block member slideably disposed within said temple;
 - C. an eyewear retaining strap disposed within said temple and connected to said block member, said strap withdrawable from said hollow temple at said strap receiving end;
 - D. an elastic member disposed within said temple connected between said block member and said temple eyewear frame attachable end;
 - E. fastening means attached to said eyewear retaining strap; said fastening means attachable to said eyewear; and
 - F. lock means for securing said block member at a selected position within said temple whereby said strap may be withdrawn from said temple and secured behind the head of an eyewear user to said eyewear.
2. The assembly of claim 1 wherein said elastic member comprises an extendable spring.
3. The assembly of claim 1 wherein said strap is elastic.
4. The assembly of claim 1 wherein said strap is inelastic.
5. The assembly of claim 1 wherein said lock means comprises a spring biased ball disposed in said block member, said ball arranged to seat within a recess disposed in said temple.
6. The assembly of claim 1 further including strap securing means disposed between said strap and said fastening means, said strap securing means arranged to fit into said temple at said strap receiving end.

7. The assembly of claim 6 wherein said strap securing means comprises a second block arranged to fit within said temple, said second block having a spring biased ball arranged to seat within a recess disposed in said temple.
8. Eyewear comprising in combination:
 - A. an eyewear frame for containing a pair of lenses;
 - B. a pair of hollow temples each having a strap receiving end and an eyewear frame attachable end, one each hingeably attached to an opposite side of said eyewear frame at said eyewear frame attachable end;
 - C. a strap securing block member slideably disposed within each said temples;
 - D. an eyewear retaining strap disposed within each of said temples and connected one each to each of said block members; said straps withdrawable from said hollow temples at said strap receiving ends;
 - E. an elastic member disposed within each of said temples connected one each between each of said block members and said temple attachable ends;
 - F. fastening means attached to each of said eyewear retaining straps, said fastening means attachable to one another; and
 - G. lock means for securing each of said block members at a selected position within each of said temples whereby each of said straps may be withdrawn from said temples and secured to one another behind the head of an eyewear user.
9. The assembly of claim 8 wherein said elastic members comprise an extendable spring.
10. The assembly of claim 8 wherein at least one of said straps is elastic.
11. The assembly of claim 8 wherein at least one of said straps is inelastic.

12. The assembly of claim 8 wherein said lock means comprises a spring biased ball disposed in each of said block members, said ball arranged to seat within a recess disposed in each of said temples.
13. The assembly of claim 8 further including strap securing means disposed between said straps and said fastening means, said strap securing means arranged to fit into said temples at said strap receiving ends.
14. The assembly of claim 13 wherein said strap securing means comprises a second block arranged to fit within said temple, said second block having a spring biased ball arranged to seat within a recess disposed in said temple.